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ABSTRACT

of the dissertation for the degree of Doctor of Philosophy

SOME PATHOBIOCHEMICAL FEATURES OF GLOMERULOPATHIES OF DIABETIC ORIGIN

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- Science: Biology
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GENERAL CHARACTERISTICS OF THE RESEARCH

The actuality of the theme. Diabetic glomerulopathy (DG) is one of the most common and the clinical complications of long-term diabetes mellitus (DM) with a negative prognosis and is characterized by severe metabolic and physiological disorders^{1,2}. Late detection of kidney pathology in patients with DM can lead to proteinuria, glomerular filtration rate (GFR), a sharp increase of creatinine and urea in the blood, arterial hypertension, a decrease of the protein in the blood and edema³. If DG is not detected early and treated properly, it can lead to chronic kidney disease (CKD). It was found that in 20% of patients with DM, as a result of kidney failure, the kidneys become completely inactive, and patients undergo kidney transplantation or hemodialysis. In developed countries, 20-50% of patients on dialysis consists of especially DM patients^{1,3}. The complexity of the pathogenetic mechanisms of DG and CKD in patients with DM put forward the research of immune mechanisms as an actual issue that play a role in the occurrence of metabolic disorders.

Research and application of new and more sensitive biochemical tests in practice that detects the early stages of DG in patients with DM and determines the rate of its progression can allow for timely detection of the disease and the preparation of new effective treatments. Recently, special attention has been paid to the immune mechanisms in the formation and development of DG. In recent years, numerous scientific researches have been carried out on the study of the role of cytokines and antimicrobial peptides (AMPs) in the pathogenetic mechanisms of DM and DG⁴. The obtained scientific

¹ Aghayev, M. Dialysis // Aghayev M., Aliyev S. Oscar, Baku, - 2010. - 414 p.

² Ametov, A.S. Diabetes mellitus type 2: problems and solutions M .: GEOTAR-Media, - 2012 .-- 704 p.

³ Denisov, I.N., Diabetic nephropathy clinical guidelines / Denisov, I.N., Nadeeva R.A., Sigitova O.N. et al. Moscow - Kazan - Rostov-on-Don, - 2014 -- 22 p.

⁴ Mammadhasanov, R.M. Cytokine spectrum of diabetic patients with and without nephropathy / Mammadhasanov, R.M., Babakhanli AN, Valiyeva G.A. // Azerbaijan Medical Journal, - 2014. №1, - p.71-75.

results are scattered and make it necessary to conduct complex researches. Thus, the study of inflammatory cytokines and AMPs during DG is of great scientific importance in the research of the mechanisms of development of pathology, as well as can create new perspectives in the early diagnosis and treatment of the disease^{5,6}.

The object of the research. The blood samples used in the research case from patients with DM, glomerulopathy of diabetic origin (DG), CKD of the diabetic origin and CKD of chronic glomerulonephritis (CGN).

The main purpose of the research case is to study the role of cytokines and AMPs in the pathobiochemical mechanisms of glomerulopathy of diabetic origin.

The duties of the research:

- To determine the concentration of biochemical indicators evaluating the functional activity of the kidneys: creatinine, urea, and cystatin C in the blood of patients with diabetes mellitus not complicated by glomerulopathy, diabetic glomerulopathy (receiving conservative treatment), and in the terminal stage of chronic kidney disease (CKD) of diabetic and glomerulopathy;

- To determine the concentration of certain cytokines (IL-6, IL-8, IL-10, TNF- α) in the blood of patients with diabetes mellitus not complicated by glomerulopathy, diabetic glomerulopathy (receiving conservative treatment), and in the terminal stage of CKD of diabetic and glomerulopathy;

- To analyze the levels of antimicrobial peptides (AMPs) (calprotectin, cathelicidin, and L-FABP) in the blood of patients with diabetes mellitus not complicated by glomerulopathy, diabetic glomerulopathy (receiving conservative treatment), and in the terminal stage of CKD of diabetic and glomerulopathy origin;

- To determine the correlation between carbohydrate

⁵ Azizova, G.I. The level of secretion of some endogenous peptides and certain cytokines in diabetes mellitus / Azizova, G.I., Hasanova Sh.I., Niyazova N.K. et al. // Kazan Medical Journal, - 2014. vol. 95, No. 5, - p. 646-649.

⁶ Andreeva, A.S. The role of cytokines in the pathogenesis of diabetes mellitus / Andreeva A.S., Khamnueva A.Yu., Shagun O.V. // Siberian medical journal, (Irkutsk), - 2005. №1, - p.5-7.

metabolism, biochemical indicators evaluating the functional activity of the kidneys, certain cytokines, and AMPs in patients with diabetes mellitus not complicated by glomerulopathy, diabetic glomerulopathy (receiving conservative treatment), and in the terminal stage of CKD of diabetic and glomerulopathy;

- To evaluate the diagnostic value and informativeness of carbohydrate metabolism, biochemical indicators evaluating the functional activity of the kidneys, certain cytokines, and AMPs in the early diagnosis of diabetic glomerulopathy and CKD in diabetic patients;

The methods of the research. Biochemical and immunoenzyme analysis methods were used in the research case.

The main provisions of the dissertation defended:

1. The determination of cystatin C in addition to creatinine and urea in the blood of diabetic patients is of great importance for the early diagnosis of diabetic glomerulopathies and chronic kidney disease (CKD).

2. In the pathogenesis of diabetic glomerulopathies and CKD, pro-inflammatory cytokines (IL-6, IL-8, and TNF-a) and antimicrobial peptides (AMPs) (calprotectin, cathelicidin, and L-FABP) play an important role, contributing to the progression of inflammation.

3. The positive correlation identified between disturbances in carbohydrate metabolism and biochemical indicators reflecting kidney functional activity, pro-inflammatory cytokines, and AMPs in diabetic patients confirms the role of inflammation arising from chronic hyperglycemia in the pathogenesis of glomerulopathies.

4. Cystatin C, IL-6, IL-8, calprotectin, and L-FABP are evaluated as highly diagnostic and sensitive indicators for the early detection of glomerulopathies and CKD in diabetic patients.

The scientific innovation of the research. DM in the research case and the role of cystatin C, cytokines and AMPs has been examined in the pathogenesis of DG accompanied by glomerular damage to the kidneys, and assessed their pathogenetic and diagnostic value. For the first time in the research case, the functional indicators of the kidneys, AMPs and cytokines were studied in a complex and

comparative manner in patients with DM and its clinical complications: DG and CKD, as well as in CKD patients with glomerulonephritis. For the first time, a positive correlation between the coagulation of cystatin C and creatinine and glycohemoglobin was determined. The research case found that inflammatory cytokines (IL-6, IL-8 and TNF- α) and AMPs (calprotectin, L-FABP) play a major role in the pathogenesis and development of DG in patients with DM.

The practical significance of the research. It is necessary to use the diagnostic role of cytokines and AMPs in the developmental mechanism of DG and CKD during DM. The study of cytokines and AMPs in patients with DM can allow early diagnosis, prognosis, timely prevention and appropriate prophylactic measures for glomerulopathies, including CKD.

Application of scientific research case. The results of the dissertation were applied in the practical activities of the United Hospital of Oil Workers and in the teaching process of the Department of Biochemistry.

Discussion of the dissertation. Dissertation materials were discussed at the following scientific meetings: VI International Symposium Interaction of the nervous and immune systems in health and disease (St. Petersburg, 2017), IV International Medical Congress (Baku-2017), XXIV World International Congress of Allergology and Immunology Immunorehabilitation (Dubai-2017), Scientific-practical conference dedicated to the birthday of national leader H.A.Aliyev (Baku, 2018), Scientific Conference dedicated to the 100th anniversary of the independence of the Republic of Azerbaijan (Baku, 2017), Collection of materials of the International Scientific Conference dedicated to the 85th anniversary of R.A. Askerov (Baku, 2017). Materials of the dissertation were discussed at the joint meeting of the Clinical Biochemistry Laboratory and the Department of Biochemistry of the Azerbaijan Medical University (Baku, 2018) (protocol №1) and Azerbaijan Medical University (Baku, 2023)

The organization where the dissertation is performed. The dissertation was carried out at the Department of Biochemistry of Azerbaijan Medical University.

Printing works. 12 scientific articles and 7 theses on the topic

of the dissertation were published.

Size and structure of the dissertation. The dissertation is written on a computer in 166 pages (229,129 characters) in the Azerbaijani language, consists of the introductory part (12,435 characters), literature review (92,975 characters), materials and methods (11,774 characters), results of personal researches (45,537 characters) and their discussion chapters (57,928 characters), results (1925 characters), practical recommendations (700 characters) and a reference list. The dissertation is illustrated with 32 tables and 26 graphs. The reference list includes 230 sources, 11 of them are works of Azerbaijani scientists, 77 of Russian scientists and 142 of other foreign scientists.

MATERIAL AND METHODS OF RESEARCH

General characteristics of patients. The current research included the materials of 73 patients diagnosed with type II DM by endocrinologists and 30 patients with CKD of the CGN origin from the City Clinical Hospital No. 2 named after M. Afandiyev and the Central Hospital of Oil Workers to the Clinical Biochemical Laboratory of the Azerbaijan Medical University; the control group consists of 17 healthy people. Kidney pathology was not detected in 28 patients with DM included in the research contingent, 21 patients were diagnosed with DG, 24 patients were diagnosed with CKD (terminal stage) of DM origin (graph 1).

Biochemical and immunoenzyme research methods. Coagulation of glucose, glycohemoglobin, creatinine and urea were analyzed by biochemical methods in different clinical groups of practically healthy people and DM patients involved in the research.

Serum glucose taken from the elbow vein on an empty stomach after centrifugation of the blood was determined by "Human" (Germany), urea and creatinine levels were measured using a Lachema (Germany) reagent kit. The amount of glycosylated hemoglobin (HbA1c) is based on the colorimetric determination method of the colored reaction formed by thiobarbituric acid in erythrocytes.



Graph 1. Characteristics of patients included in the research contingent.

The concentration of insulin and C peptide was determined by ELISA immunoenzyme method with the help of "Nova Tec" (Germany) reagent kit. Determination of the concentration of cytokines (IL-6, IL-8, IL-10 and TNF- α) and cystatin C was determined with the help of the "Vector-Best" (Russian Federation) reagent kit.

Blood serum concentrations of KP, cathelicidin, and L-FABP were obtained from Cloud-clone Corp. (U.S.) company's reagent kit was carried out by immunoenzyme method.

All numerical indicators obtained in the course of the study were statistically analyzed using variation, discriminant (Pearson), ANOVA, correlation and ROC-analysis methods. The non-parametric U-Wilcoxon (Mann-Whitney) criterion was applied in order to clarify the obtained statistical results. All calculations were made in EXCEL-2010 spreadsheet and SPSS-20 package program, the results were presented in tables and diagrams. Evaluation of carbohydrate metabolism, some biochemical indicators reflecting kidney functional activity, cytokines, and antimicrobial peptides in the blood of diabetic patients not complicated by glomerulopathy.

As a result of the conducted research, it was found that the concentration of glucose in the blood of diabetic patients not complicated by glomerulopathy increased by 84.0% (p<0.001) compared to the control group (Table 1).

Table 1

| Levels of some biochemical indicators reflecting the functional |
|---|
| activity of the kidneys in the blood of patients with renal |
| pathologies of DM and CGN origin |

| | Indicators | | | |
|----------------------------------|-----------------------|-----------------------|-----------------------|--|
| Groups | Creatinine. | Urea. | Cystatin C. | |
| 1 | mkM/l | mM/l | mg/l | |
| DM not complicated by GP | 117,8±7,0 | 8,6±0,4 | 1,391±0,091 | |
| | (54-180) | (5,2-12) | (0,47-2,3) | |
| DM, (n=28) | p=0,002 | p=0,001 | p<0,001 | |
| | 267,6±26,1 | 13,4±1,3 | 1,692±0,169 | |
| DC(n-28) | (82,1±444,8) | (5,2-24,8) | (0,471-2,962) | |
| DG (li=28) | p<0,001 | p<0,001 | p<0,001 | |
| | p1<0,001 | p1=0,001 | p1=0,182 | |
| | 723,9±58,1 | 28,3±1,1 | 2,635±0,171 | |
| CKD of the DM origin | (320-1253) | (11,5-36) | (1,47-3,89) | |
| (n-28) | p<0,001 | p<0,001 | p<0,001 | |
| (11-28) | p1<0,001 | p1<0,001 | p1<0,001 | |
| | p ₂ <0,001 | p ₂ <0,001 | p ₂ <0,001 | |
| CKD of the CGN origin, (n=30) | 610,3±51,0 | 19,6±0,6 | 2,095±0,111 | |
| | (152-1097) | (12,1-26,8) | (1,07-3,1) | |
| | p<0,001 | p<0,001 | p<0,001 | |
| | p1<0,001 | p1<0,001 | p1<0,001 | |
| | p ₂ <0,001 | p ₂ <0,001 | p ₂ =0,051 | |
| | p ₃ =0,189 | p ₃ <0,001 | p ₃ =0,020 | |
| Control $(n-17)$ | 78,6±8,5 | 5,3±0,5 | 0,856±0,062 | |
| | (24,6-126,6) | (1,8-8,3) | (0,434-1,339) | |

Note: - p - compared to control; p_1 - compared with DM not complicated by GP; p_2 - compared to DG; p_3 - compared to the patients with CKD of DM origin.

As a result of the conducted research, it was determined that the concentration of IL-6 in the blood serum of type II diabetic patients not complicated by glomerulopathy remains at control levels. The concentration of IL-8 tends to increase by 25.9% (p=0.101) compared to the control group, while the concentration of IL-10 tends to decrease by 9.2% (p=0.331). In this group, the concentration of TNF-a was observed to increase 2.3 times (p<0.001) compared to the control group (Table 2).

Table 2

| | Indicators | | | |
|--------------------|-----------------------|-----------------------|-----------------------|-----------------------|
| Groups | IL-6, pg/ml | IL-8, pg/ml | IL-10, | TNF-a, |
| | | | pg/ml | pg/ml |
| DM not complicated | 2,4±0,1 | 15,6±1,1 | 12,2±0,9 | 2,03±0,20 |
| by GP | (1,2-3,6) | (8,1-29) | (5,6-19,8) | (0,8-5,4) |
| (n=28) | p=0,664 | p=0,101 | p=0,331 | p<0,001 |
| | 8,3±0,6 | 24,1±2,1 | 9,8±1,0 | 2,19±0,40 |
| DG(n-28) | (2,6-14) | (9-38,3) | (2,2-15,3) | (0,5-7,8) |
| DG (II=28) | p<0,001 | p<0,001 | p=0,056 | p=0,006 |
| | p ₁ <0,001 | p1=0,002 | p ₁ =0,157 | p1=0,564 |
| | 12,6±1,3 | 30,5±2,9 | 14,1±1,1 | 3,86±0,53 |
| CKD of the DM | (2,9-22,6) | (10,9-62,4) | (4,5-24,5) | (0,67-9,19) |
| origin | p<0,001 | p<0,001 | p=0,771 | p<0,001 |
| (n=28) | p ₁ <0,001 | p ₁ <0,001 | p ₁ =0,212 | p ₁ =0,008 |
| | p ₂ =0,030 | p ₂ =0,139 | p ₂ =0,008 | p ₂ =0,011 |
| | 13,8±1,2 | 45,7±4,1 | 12,6±0,8 | 4,95±0,51 |
| CVD of the CCN | (5,1-24,7) | (11,-80,0) | (5,3-19,9) | (0,5-9,27) |
| CKD of the CON | p<0,001 | p<0,001 | p=0,263 | p<0,001 |
| origin (n=30) | p ₁ <0,001 | p ₁ <0,001 | $p_1 = 0,732$ | p ₁ <0,001 |
| | p ₂ <0,001 | p ₂ <0,001 | p ₂ =0,057 | p ₂ <0,001 |
| | p ₃ =0,465 | p ₃ =0,010 | p ₃ =0,261 | p ₃ =0,146 |
| Control | 2,1±0,2 | 12,4±1,2 | 13,4±1,7 | 0,87-0,14 |
| (n=17) | (0,1-3,1) | (4,5-18,7) | (0, 3-23, 5) | (0-1,8) |

Levels of some cytokines in the blood of patients with the kidney pathology of DM and CGN origin

Note: - p - compared to the control group; p_1 - compared with DM not complicated by GP; p_2 - compared to DG; p_3 - compared to the patients with CKD of DM origin.

The concentration of HbA1c and insulin in this group increased by 88.9% (p<0.001) and 68.5% (p<0.001), respectively, compared to the control group. The concentration of C-peptide tends to increase compared to the control group values (p=0.053).

In this group, the concentration of creatinine, urea, and cystatin C increased by 49.9% (p=0.002), 60.9% (p=0.001), and 62.4% (p<0.001), respectively, compared to the control group.

The results indicate that diabetic patients not complicated by glomerulopathy exhibit impairments in kidney functional activity. The increased concentration of pro-inflammatory cytokines in these patients is considered an important indicator of the activation of inflammatory processes in the body.

The results show that in this group, the concentrations of calprotectin, cathelicidin, and L-FABP statistically significantly increased by 2.1 times (p<0.001), 42.5% (p=0.005), and 40.2% (p=0.001), respectively, compared to the control group (Table 3).

The increased synthesis of calprotectin indicates the activation of inflammatory cytokines. Calprotectin is released during the activation and destruction of neutrophils, as well as during the epithelial adhesion of monocytes, exerting an immunomodulatory effect.

The obtained results demonstrate the significant role of antimicrobial peptides in the development of diabetic nephropathy. antimicrobial peptides create a link between the innate immune response and the adaptive immune response, neutralizing endotoxins, regulating the synthesis and secretion of various cytokines and adhesion molecules, and ensuring their migration to the site of inflammation. These proteins participate in angiogenesis and chemotaxis reactions, exhibit antibacterial activity, and stimulate an adequate acquired immune response.

Table 3

| | Indicators | | | |
|-------------------|-----------------------|-----------------------|-----------------------|--|
| Groups | $VD = n \alpha/m^{1}$ | Cathelicidin, | L-FABP, | |
| | KP, ng/ml | mcg/ml | ng/ml | |
| DM not | 201,4±10,3 | 0,984±0,064 | 0,493±0,027 | |
| complicated by | (115,4-298,6) | (0,52-1,8) | (0,2-0,74) | |
| GP, (n=28) | p<0,001 | p=0,005 | p=0,001 | |
| | 217,2±11,2 | 1,082±0,123 | 0,998±0,021 | |
| $DC_{(n-28)}$ | (113,1-327,1) | (0,27-2,51) | (0,78-1,16) | |
| DG (n=28) | p<0,001 | p=0,053 | p<0,001 | |
| | p1=0,399 | p1=0,987 | p1<0,001 | |
| | 237,8±13,9 | 0,885±0,102 | 2,152±0,210 | |
| CKD of the DM | (127,3-348,2) | (0,17-1,75) | (0,44-3,75) | |
| origin, (n=28) | p<0,001 | p=0,244 | p<0,001 | |
| | p ₁ =0,075 | p1=0,378 | p1<0,001 | |
| | p ₂ =0,287 | p ₂ =0,364 | p ₂ <0,001 | |
| | 329,7±11,3 | 0,715±0,075 | 4,566±0,238 | |
| | (237-415) | (0,2-1,37) | (2,53-6,79) | |
| CKD of the CGN | p<0,001 | p=0,972 | p<0,001 | |
| origin, (n=30) | p1<0,001 | p1=0,014 | p1<0,001 | |
| | p ₂ <0,001 | p ₂ =0,048 | p ₂ <0,001 | |
| | p ₃ <0,001 | p ₃ =0,223 | p ₃ <0,001 | |
| Control $(n-17)$ | 95,5±2,0 | 0,691±0,066 | 0,351±0,023 | |
| Control, $(n=1/)$ | (81,5-106,7) | (0, 176 - 1, 01) | (0, 18 - 0, 51) | |

Levels of some antimicrobial peptides in the blood of patients with the kidney pathology of DM and CGN

Note: - p - compared to control; p_1 - compared with DM not complicated by GP; p_2 - compared to DG; p_3 - compared to the patients with CKD of DM origin.

Assessment of blood carbohydrate interchange, some indicators reflecting the functional activity of the kidneys, cytokines and antimicrobial peptides in the blood of patients with glomerulopathy of diabetic origin.

The research determined that the concentrations of glucose, HbA1c, insulin, and C-peptide in the blood serum of patients with diabetic nephropathy (DN) receiving conservative treatment increased by 2.2 times (p<0.001), 23.3% (p=0.025), 93.8% (p<0.001), and 18.2% (p=0.002), respectively, compared to the control group. This

indicates more severe changes in carbohydrate metabolism in these patients.

Patients with DN receiving conservative treatment exhibited impaired kidney function. In these patients, the concentrations of creatinine, urea, and cystatin C in blood serum increased by 3.4 times (p<0.001), 2.5 times (p<0.001), and 2 times (p<0.001), respectively, compared to the control group, and by 2.3 times (p<0.001), 56.1% (p=0.001), and 21.7% (p=0.182), respectively, compared to diabetic patients not complicated by glomerulopathy.

The concentration of cystatin C, along with creatinine and urea, significantly increased in diabetic patients with nephropathy. Cystatin C is considered an accurate marker for determining glomerular filtration rate (GFR), independent of hypo- or hyperfiltration. As mentioned in previous sections, this protein is synthesized at a constant rate in cells, freely filtered through the glomerular membrane, has 100% clearance, is completely reabsorbed and catabolized in the proximal tubules, and is not secreted by the proximal renal tubules. Under normal conditions, cystatin C is not detected in urine, but in tubular pathologies, it is found in large quantities. During renal pathologies, the intrarenal filtration of cystatin C decreases, and its concentration in blood plasma begins to rise.

During the study, it was found that the concentrations of IL-6 and IL-8 in the blood serum of patients with DN receiving conservative treatment increased by 3.9 times (p<0.001) and 94.3% (p<0.001), respectively, compared to the control group, and by 3.5 times (p<0.001) and 54.3% (p=0.002), respectively, compared to diabetic patients not complicated by glomerulopathy.

The increased concentrations of IL-6 and IL-8 in these patients indicate an acceleration of the inflammatory process. IL-6 is one of the most important cytokines in the immune response and inflammatory reactions. Thus, an increase in IL-6 concentration during DN is evidence of the progression of chronic infection and inflammatory pathology. An increase in IL-8 concentration leads to the accumulation of neutrophils, monocytes, eosinophils, and T-cells at the inflammation site. The increase in IL-8 concentration in patients with diabetic nephropathy correlates with the decreased activity of apoptosis factors, making this cytokine an independent factor not dependent on microalbuminuria and

proteinuria, playing a significant role in the development of renal pathologies.

Against the background of increased levels of pro-inflammatory cytokines, a decrease or no significant change is observed in the levels of anti-inflammatory cytokines. As seen, the concentration of IL-10 in this group mainly remains within normal limits.

In the studied group, the concentration of TNF- α increased by 2.5 times (p=0.006) compared to the control group, but did not change significantly compared to diabetic patients not complicated by glomerulopathy (p=0.564).

The results indicate that the concentration of TNF- α , unlike other cytokines, increases even in the early stages of diabetes mellitus (DM). The increase in TNF- α concentration in DM patients is considered an important indicator of the activation of inflammatory processes in the body. The effects of TNF- α in DM patients are multifactorial, participating in the development of DN through several mechanisms. TNF- α exerts direct apoptotic and cytotoxic effects on glomerular cells. It increases the synthesis of endothelin-1, thereby reducing the glomerular filtration rate.

The results indicate that the concentration of pro-inflammatory cytokines significantly increases in diabetic patients with nephropathy, while the concentration of the anti-inflammatory cytokine IL-10 either does not change or tends to decrease. Disruption of intraglomerular hemodynamics in the kidneys, damage to the extracellular matrix and glomerular basement membranes, apoptosis, necrosis, and increased endothelial permeability lead to accelerated synthesis and migration of inflammatory cytokines to the inflammation site. The glomeruli and interstitial capillaries, which undergo significant structural changes during DM, exhibit accelerated expression of cytokine-sensitive receptors, leading to the activation of the inflammatory process and the development of pathological changes.

Based on the obtained results, the concentrations of cathelicidin, calprotectin, and L-FABP in the blood serum of patients in this group increased by 56.7% (p=0.053), 2.3 times (p<0.001), and 2.8 times (p<0.001), respectively, compared to the control group. No significant differences were found in the concentrations of these indicators

compared to diabetic patients not complicated by glomerulopathy.

The results indicate that the concentration of L-FABP in this group increased by 2.8 times (p<0.001) compared to the control group and by 2.0 times (p<0.001) compared to diabetic patients not complicated by glomerulopathy.

Assessment of the level of carbohydrate interchange, some indicators reflecting the functional activity of the kidneys, cytokines and antimicrobial peptides in the blood of patients with CKD of DM.

The average glucose coagulation in this group of patients consists of $11.3 \pm 0.6 \text{ mmol/l}$ (7.2-17.8 mmol/l) and is 2.4 times higher than the control group (p <0.001) compared with the results of DM patients who do not have GP complications statistically significant increase 31.1% (p1 <0.001). A significant increase in the coagulation of HbA1c is observed in this group, which consists of 2.7 times (p <0.001) compared to the control group. The average coagulation of HbA1c in this group is $13.6 \pm 0.7\%$ (8.3-19.1%). The results show that the coagulation of HbA1c increased by 45.2% (p1 <0.001) compared to patients with DM without complications of GP, and by 17.8% (p2 = 0.044) compared with patients with DG. Insulin coagulation increased 2.3 times (p<0.001) compared with the results of DM patients not complicated by GP, and 20.1% (p2 = 0.002) compared with patients with DG makes up 35.7 ± 1.7 mcg% (13.9-49.6 mcg%).

In this group, in contrast to other groups, the level of peptide C is observed 52.2% (p <0.001) compared to the control group, 39.0% (p1 <0.001) compared with DM patients without complicated by GP, and 28.8% (p2<0.001) compared to the patients with DG. The average coagulation of C peptide is 970.3 \pm 34.7 pmol / 1 (700-1186 pmol / 1).

According to the results of the research, the coagulation of creatinine in the blood serum during CKD of DM origin statistically significant increases 9.2 times (p <0.001) compared to the control group, 6.1 times (p1 <0.001) compared to patients with DM without complications of GP, 2.7 times (p2<0.001) compared to the patients with DG. The average creatinine coagulation in this group is 723.9 ± 58.1 μ M / 1 (320-1253 μ M / 1).

In this group, the coagulation of urea in the blood serum of all patients increases 5.3 times (p <0.001) compared with the control group, 3.3 times (p1 <0.001) compared with patients with DM without complications of GP, and 2.1 times with the results of patients with DG (p2 <0.001). The average coagulation of urea consists of $28.3 \pm 1.1 \text{ mM} / 1 (11.5-36 \text{ mM} / 1)$.

The coagulation of cystatin C is significantly increased in patients with DM origin during CKD, which is 3.1 times higher than in the control group (p <0.001), 1.9 times (p1 <0.001) compared with the corresponding indicators of DM not complicated by GP, 1.6 times (p2 <0.001) compared with the corresponding indicators of patients with DG. The average coagulation of cystatin C is determined to be 2,635 \pm 0.171 mg / 1 (1.47-3.89 mg / 1).

The average statistical coagulation of IL-6 in this group consists of $12.6 \pm 1.3 \text{ pg} / \text{ml} (2.9-22.6 \text{ pg} / \text{ml})$. Its coagulation increases 5.9 times (p <0.001) compared to the control group, 5.4 times (p1 <0.001) compared to DM patients not complicated by GP, and 51.1% (p2 = 0.030) compared to the corresponding indicators of patients with DG. The coagulation of IL-8 increases by 2.5 times (p <0.001) compared to the control group and makes up $30.5 \pm 2.9 \text{ pg} / \text{ml} (10.9-62.4 \text{ pg} / \text{ml})$. The results show that the coagulation of IL-8 increases 1.9 times (p1 <0.001) compared with patients with DM who do not have GP complications. It is observed that the coagulation of IL-10 in the blood serum during CKD of DM origin changes at the level of the control group. Coagulation of IL-10 and the average coagulation of IL-10 is $14.1 \pm 1.1 \text{ pg} / \text{ml} (4.5-24.5 \text{ pg} / \text{ml}; p = 0.771)$. There is a statistically significant increase in IL-10 coagulation of 43.7% (p2 = 0.008) compared with patients with DG.

The coagulation of TNF-a increases 4.4 times statistically significantly (p<0.001) compared with the control group. This increase consists of 89.8% (p1 = 0.008) in patients with DG who did not have GP complications and 76.5% (p2 = 0.011) in patients with D. Its average coagulation comprise to 3.86 ± 0.53 pg / ml (0.67-9.19 pg / ml).

Determination of KP in the blood has a high interpretation in determining the degree of failure to the kidneys and the intensity of the

clinical course of DG, and is used to monitor therapeutic treatment. An increase in the level of KP in the blood is a key indicator of the acute inflammatory process. The coagulation of KP increases statistically significantly by 2.5 times (p <0.001) compared with the control group. Its average coagulation is 237.8 ± 13.9 ng / ml (127.3-348.2 ng / ml). The coagulation of KP varies very little compared to patients with DG (p2 = 0.287).

The average coagulation of cathelicidin in this group consists of $0.885 \pm 0.102 \text{ mcg} / \text{ml} (0.17-1.75 \text{ mcg} / \text{ml})$. According to the results, the coagulation of cathelicidin increases by 28.2% compared to the control group, and this increase is not statistically significant (p= 0.244). In addition, the coagulation of cathelicidin tends to decrease in patients with DM who do not have GP complications (p2= 0.364).

The coagulation of L-FABP in the blood serum during CKD of DM origin consists of 2.152 ± 0.210 ng / ml (0.44-3.75 ng / ml) increased by 6.1 times than the control group (p<0.001), 4.4 times than in DM patients without complicated by GP (p1 <0.001), 2.2 times (p2 <0.001) compared with the corresponding indicators of DM patients with DG.

Assessment of the level of carbohydrate interchange, some indicators reflecting the functional activity of the kidneys, cytokines and antimicrobial peptides in the blood of patients with CKD of glomerulonephritis origin.

CKD develops on the basis of glomerulonephritis caused by disorders of the kidney tubules and interstitial tissue. There are no significant changes in the serum carbohydrate interchange of patients with CKD of CGN origin compared with the control group. Thus, the average coagulation of glucose, HbA1c, insulin and C-peptide in this group constitute to $5.6 \pm 0.1 \text{ mmol} / 1 (4.7-6.5 \text{ mmol} / 1)$, $3.8-5.5\% (4.7 \pm 0.1\%)$, $16.2 \pm 0.5 \text{ mcg\%} (11.5 - 21.6 \text{ mcg\%})$ and $538-865 \text{ pmol} / 1 (698.2 \pm 18.5 \text{ pmol} / 1.1)$, respectively.

Serious failure of kidneys' function is observed in patients with CKD of CGN origin. In these patients, the creatinine coagulation increased 7.8 times (p <0.001) compared to the control group, and the average coagulation consists of $610.3 \pm 51.0 \,\mu\text{m/l} (152-1097 \,\mu\text{m/l})$. According to the results of a comparative analysis, the coagulation of creatinine increases 2.3 times (p2 <0.001) in patients with DG. There is no

statistically significant difference compared to patients with CKD of DM origin (15.7%; p3 = 0.189).

The average urea coagulation in this group makes up 19.6 ± 0.6 mM /1(12.1-26.8 mM /1) and according to statistical calculations, it increases 3.7 times (p <0.001) more accurate than in the control group. It can be seen from the results that the coagulation of urea in this group is 1.5 times (p2 <0.001) higher than in patients with DG. However, the coagulation of urea decreases by 30.7% (p <0.001) compared with patients with CKD of DM origin.

The coagulation of cystatin C during CKD of glomerulonephritis origin is statistically significantly higher than in the control group, respectively, as this increase comprise to 2.4 times (p <0.001). The average coagulation of cystatin C in this group consists of 2.095 ± 0.111 mg / 1 (1.07 - 3.1 mg / 1). The coagulation of cystatin C increased by 23.8% (p2 = 0.051) compared to DG. However, in contrast, it decreased by 20.5% (p3 = 0.020) compared with patients with CKD of DM origin.

The significant increase in the coagulation of inflammatory cytokines is observed as a result of activation of the inflammatory process in patients with CKD of CGN origin. It is clear from the results that the coagulation of IL-6 in this group increased statistically significantly by 6.4 times (p <0.001) compared with the control group, and by 66.1% (p2 = 0.008) compared with patients with DM complicated by DG. The average mathematical coagulation of IL-6 in this group consists of 13.8 ± 1.2 pg / ml (5.1-24.7 pg / ml; p3 = 0.465).

In this research group, the coagulation of IL-8 increases 3.7 times than in the control group (p <0.001), 89.5% (p2 = 0.001) compared with patients with DG, and 50.2% compared with patients with CKD of DM origin (p3 = 0.010). The average coagulation of IL-8 in this group is equal to 45.7 ± 4.1 (11.5-80.0 pg / ml) pg / ml.

It is clear from the results that the level of anti-inflammatory cytokine IL-10 in the blood serum during CKD of CGN origin varies within the normal range $(12.6 \pm 0.8 \text{ pg} / \text{ml}; 5.3-19.9 \text{ pg} / \text{ml}; \text{p}=0.263)$.

The coagulation of TNF- α in this group increases 5.7 times (p<0.001) compared with the control group, and 2.3 times (p2 = 0.011) compared with patients with DG, the average mathematical indicator is 4.95 ± 0.51 pg /ml (0.5-9.27 pg / ml).

The research case found that the coagulation of AMPs, especially KP, and L-FABP in the blood serum during CKD of CGN origin increases statistically. In this group, the coagulation of KP is 3.5 times higher than in the control group (p <0.001), 51.8% (p2 <0.001) compared with the corresponding indicators of patients with DG, and 38.7% compared with the indicators in patients with CKD of DM origin (p3 <0.001) increased statistically, the average coagulation consists of 329.7 \pm 11.3 ng/ml (237-415 ng/ml).

In this group, the coagulation of cathelicidin varies within the control group limits $(0.715 \pm 0.075 \ \mu\text{g} / \text{ml}; 0.2-1.37 \ \mu\text{g} / \text{ml}; p=0.972)$. Calculations show that the coagulation of cathelicidin reduces by 33.9% (p2 = 0.048) compared with patients with DG. There is no significant difference compared with patients with CKD of DM origin (p3 = 0.223).

The research case identifies that L-FABP coagulation increases significantly in the blood serum during CKD of CGN origin. Thus, the coagulation of L-FABP in this group increased statistically 13 times than in the control group (p <0.001), 4.6 times than in patients with DG (p2 <0.001), and 2.1 times than in patients with CKD of DM origin (p3<0.001) and its average makes up 4,566 \pm 0.238 ng / ml (2.53-6.79 ng / ml).

Results of the correlation between biochemical indicators and ROC statistical analysis in patients with DM, DG and diabetic origin of non-glomerulopathy. According to the results of statistical analysis, a correlation is revealed between the parameters involved in carbohydrate interchange among the patients included in the research.

A positive correlation dependence is determined between glucose and HbA1c (ρ =0.284, p <0.05), insulin (ρ =0.243, p<0.05) and C peptide (ρ =0.223, p<0.05); C peptide insulin (ρ = 0.369, p <0.01) and HbA1c (ρ = 0.537, p <0.01).

Thus, in these patients, the positive correlation is identified between creatinine and glucose ($\rho = 0.283$, p<0.05), HbA1c ($\rho = 0.440$, p<0.01), insulin ($\rho = 0.479$, p<0.01) and C peptide ($\rho = 0.502$, p<0.01); glucose and urine ($\rho = 0.364$, p<0.01), HbA1c ($\rho = 0.330$, p<0.01), insulin ($\rho = 0.526$, p<0.001) and C peptide ($\rho = 0.498$, p<0.001)). This identified dependence indicates that chronic hyperglycemia causes impaired the function of the kidney.

The detection of a positive correlation between cystatin C and HbA1c ($\rho = 0.321$, p <0.01), insulin ($\rho = 0.471$, p <0.01), C peptide ($\rho = 0.405$, p <0.01) and creatinine ($\rho = 0.565$, p <0.01) proves the diagnostic value of cystatin C along with creatinine.

The correlation between glucose and IL-6 ($\rho = 0.325$, p < 0.05) and IL-8 ($\rho = 0.384$, p < 0.001) shows the effect of chronic hyperglycemia on cytokine synthesis. In addition, a positive correlation is identified between HbA1c and IL-6 ($\rho = 0.382$, p < 0.001), insulin and IL-6 ($\rho = 0.429$, p < 0.001), IL-8 ($\rho = 0.438$, p < 0.001) and TNF-a ($\rho = 0.284$, p < 0.015); peptide C and IL-6 ($\rho = 0.453$, p < 0.001), IL-8 ($\rho = 0.324$, p < 0.005), and IL-10 ($\rho = 0.237$, p < 0.044). The results demonstrate that cytokines play an important role in the development of insulin resistance. It also proves that glycosylated products in kidney tissue activate the inflammatory process.

A positive correlation is found between glucose interchange and AMPs, so this dependence is shown between L-FABP and HbA1c ($\rho = 0.294$, p <0.008), insulin ($\rho = 0.433$, p <0.001), and C peptide ($\rho = 0.445$, p <0.001).

A correlation dependence is identified between cytokines and biochemical parameters evaluating the function of the kidneys. The correlation between creatine and IL-6 ($\rho = 0.676$; p <0.001) and IL-8 ($\rho = 0.507$; p <0.001), urea and IL-6 ($\rho = 0.599$; p <0.001), IL-8 ($\rho = 0.439$; p <0.001) and IL-10 ($\rho = 0.230$; p <0.050), cystatin C and IL-6 ($\rho = 0.633$; p <0.001), IL-8 ($\rho = 0.378$; p <0.001) and TNF-a ($\rho = 0.315$; p <0.007) indicates the importance of cytokines in the inflammatory process in the kidneys.

The correlation connections are found between cytokines in patients with DM and its complications with DG and CKD. There is a positive correlation between IL-8 and IL-6 ($\rho = 0.501$; p <0.001) and TNF-a ($\rho = 0.382$; p <0.001). This correlation dependence shows that an increase in the coagulation of IL-6 stimulates the synthesis of IL-8. At the same time, IL-8 also exacerbates inflammation by inducing the synthesis of TNF- α based on a cascade reaction mechanism.

Determining the correlation dependence between AMPs and biochemical parameters assessing the functional activity of the kidneys proves the role of AMPs in the development of inflammatory processes in the kidneys. A correlation is observed between Cystatin C ($\rho = 0.247$; p

<0.035) and KP, creatinine ($\rho = 0.723$; p <0.001) and L-FABP, urea ($\rho = 0.574$; p <0.001) and cystatin C ($\rho = 0.380$; p< 0.001).

Although no correlation is found between AMPs in these patients, a correlation is observed between changes in AMPs and cytokine coagulation. The direct correlation between L-FABP and IL-6 ($\rho = 0.706$; p <0.001), IL-8 ($\rho = 0.473$; p <0.001), and TNF-a ($\rho = 0.262$; p <0.025) shows the great importance of inflammatory cytokines in the synthesis of L-FABP.

In recent years, the ROC (Receiver Operating Characteristic) statistical analysis method has been used to determine the specificity and sensitivity of laboratory tests. It is determined according to the ROC curve that HbA1c (95% EI: 0.663 ± 0.076 , p = 0.044), insulin (95% EI: 0.746 ± 0.072 : p = 0.002), and C-peptide (95% EI: 0.827 ± 0.057 ; p <0.001) are tests with high sensitivity and specificity within carbohydrate interchange indicators, but glucose (95% EI: 0.609 ± 0.079 , p = 0.180) is not considered a test with high sensitivity and specificity.

According to the ROC statistical calculation method, cystatin C (95% EI: 0.780 ± 0.068 ; p <0.001), urea (95% EI: 0.950 ± 0.030 ; p<0.001) and creatinine (95% EI: 0.935 ± 0.034 ; p<0.001) are tests with high specificity and sensitivity in the diagnosis of the dysfunction of the kidneys in DM patients. Based on the indicators of the ROC curve, IL-6 (95% EI: 0.689 ± 0.081 ; p = 0.030), IL-10 (95% EI: 0.730 ± 0.075 ; p = 0.008) and TNF-a (95% EI: 0.722 ± 0.076 ; p = 0.011) are identified to possess high sensitivity and specificity tests in the purposes to assess the function of the kidneys. The sensitivity and specificity of IL-8 cytokine (95% EI: 0.629 ± 0.084 ; p = 0.139) are not statistically significant. (graph 2).



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| Changes in test | Sphara | Standard B accuracy | | 95% reliabi | lity interval |
|-----------------|--------|---------------------------------|--------------|--------------|---------------|
| results (s) | sphere | error ^a P accuracy - | Lower border | Upper border | |
| IL-6 | 0,689 | 0,081 | 0,030 | 0,530 | 0,849 |
| I1-8 | 0,629 | 0,084 | 0,139 | 0,465 | 0,793 |
| Il-10 | 0,730 | 0,075 | 0,008 | 0,583 | 0,878 |
| TNFa | 0,722 | 0,076 | 0,011 | 0,573 | 0,871 |
| KP | 0,586 | 0,081 | 0,287 | 0,428 | 0,745 |
| Cathelicidin | 0,425 | 0,080 | 0,354 | 0,268 | 0,582 |
| L-FABP | 0,817 | 0,076 | <0,001 | 0,667 | 0,967 |

The sphere below the curve

Graph 2. ROC curves of cytokines and antimicrobial peptides.

The results of the ROC curves show that L-FABP (95% EI: 0.817 \pm 0.076; p <0.001) can be considered a more specific and informative marker in the diagnosis of kidney pathology. Specificity and informativeness of KP (95% EI: 0.586 \pm 0.081; p = 0.287) and cathelicidin (95% EI: 0.425 \pm 0.080: p = 0.354) are not statistically significant.

In addition, ANOVA test-dispersion analysis has been performed to determine the diagnostic value and informativeness of the tests among the studied biochemical parameters.

According to the results of the ANOVA test, in the differential diagnosis of diseases, glucose is identified greater than 7.5 mmol / l, sensitivity is 95.8 \pm 4.1%, factor specificity is 32.1 \pm 8.8%, and GDV is 61.5 \pm 6, 7% p <0.001; HbA1c is identified greater than 16.5%, sensitivity 29.2 \pm 9.3%, factor specificity 100%, GDV 67.3 \pm 6.5%, p <0.001; insulin is identified greater than 33.8, sensitivity 62.5 \pm 9.9%, factor specificity 89.3 \pm 5.8%, GDV 76.9 \pm 5.8%, p <0.001; C-peptide is identified greater than 940, sensitivity is 62.5 \pm 9.9%, factor specificity is 92.9 \pm 4.9%, and GDV is 78.8 \pm 5.7%, p <0.001, and in patients with DM can be used in the prediction of kidney pathology.

The results of the ANOVA test, which reflects the functional activity of the kidneys in patients with DM, are identified greater than 25 in urine, sensitivity $79.2 \pm 8.2\%$, factor specificity 100%, and UDD $88.9 \pm 4.7\%$, p <0.001; creatinine is identified greater than 446,

sensitivity 79.2 \pm 8.3%, factor specificity 100%, GDV 88.9 \pm 4.7%, p <0.001; Cystatin C is identified greater than 1.47, sensitivity 100%, factor specificity 47.6 \pm 10.9%, and GDV is identified 75.6 \pm 6.4%, p <0.001, and these results may be of great practical importance in assessing the functional activity of the kidneys.

According to the results of the ANOVA test, the coagulation of IL-6 is greater than 12.6 pg / ml, the sensitivity is $54.2 \pm 10.2\%$, the specificity of the factor is $90.5 \pm 6.4\%$, and the UDD is $71.1 \pm 6., 8\%$, p <0.001; the coagulation of IL-8 is greater than 38.9 pg / ml, the sensitivity is $33.3 \pm 9.6\%$, the specificity of the factor is 100%, and the GDV is $64.4 \pm 7.1\%$, p <0.001; IL-10 coagulation is greater than 15.4 pg / ml, sensitivity $45.8 \pm 10.2\%$, factor specificity 100%, GDV 71.1 $\pm 6.8\%$, p <0.001; the coagulation of TNF- α is greater than 3.18 pg / ml, the sensitivity is $54.2 \pm 10.2\%$, the specificity of the factor is 85.7 $\pm 7.6\%$, and the specific gravity is $68.9 \pm 6.9\%$. p <0.001.

According to the results of the ANOVA test of AMPs in patients with type II DM, the KP was greater than 294 ng / ml, the sensitivity was $29.2 \pm 9.3\%$, the specificity of the factor was $92.9 \pm 4.9\%$, and the GDV was $63, 5 \pm 6.7\%$, p <0.001; catelicidin was greater than 1.01 ng / ml, sensitivity 45.8 ± 10.2%, factor specificity 57.1 ± 9.4%, and GDV 51.9 ± 6.9%, p <0.001; L-FABP was found to be greater than 1.18 pg / ml, sensitivity 79.2 ± 8.3%, factor specificity 100%, and GDV was identified 90.4 ± 4.1%, p <0.001.

Thus, according to the results of the ANOVA test, HbA1c, Cpeptide, creatinine, urea, IL-6, IL-8, TNF- α , KP and L-FABP were evaluated as high tests for the detection of kidney pathology in patients with type II DM. The determination of these tests in patients with DM has great importance in the early diagnosis of DG and plays an important role in the prevention of CKD.

CONCLUSIONS

1. The concentration of creatinine, urea and cystatin C in the blood of patients with glomerulopathy caused by DM and receiving conservative treatment compared to patients with SD not complicated by glomerulopathy, respectively - 2.3 (p1 < 0.001); 56.1% (p1 < 0.001);

21.6% (q/d); During the terminal stage of BXX of SD origin - 6.1 times (p1<0.001); An increase of 3.3 times (p1<0.001) and 89.5% (p1<0.001) indicates more serious disturbances in the functional activity of the kidneys due to the progression of the disease [4, 14, 16]. 2. The concentrations of IL-6, IL-8 and TNF- α cytokines in the conservatively treated group of patients with glomerulopathy caused by SD were -3.5 times higher (p1<0.001), respectively, compared to patients with SD not complicated by glomerulopathy; 54.3% (p1<0.001) and 7.6%; In the terminal stage aggravated by BXX, the increase of 5.4 times (p1<0.001), 94.8% (p1<0.001) and 89.8% (p1<0.01) confirms the role of the inflammatory process in the etiology of BXX in DM patients [6, 17, 18].

3. Although it was observed that the concentration of cathelicidin in the blood of patients with diabetic glomerulopathies did not change significantly compared to that of patients with DM not complicated by glomerulopathy, the concentration of L-FABP in the blood of DM patients complicated by glomerulopathy and receiving conservative treatment was 2 times higher (p1<0.001), BXX- the concentration of calprotectin and L-FABP in the terminal stage of <0.001) and 9.3 times (p<0.001) increase was found. This proves the importance of calprotectin and L-FABP in the functional impairment of the kidneys during DM [17, 18].

4. The identification of a positive correlation between cytokines and antimicrobial peptides (AMPs) with the renal functional indicators creatinine, urea, and cystatin C in patients included in the study confirms the role of inflammation-induced immune mechanisms in the pathogenesis of diabetes-related glomerulopathy [4, 17, 18].

5. Based on our results, C-peptide, IL-6, IL-8, TNF- α , calprotectin, and L-FABP have been evaluated as highly valuable general diagnostic tests for detecting renal pathology in patients with type II diabetes mellitus [4, 11, 18].

PRACTICAL RECOMMENDATIONS

1. In addition to traditional diagnostic methods, the determination of the level of cytokines and AMP in type II DM patients is of

significant scientific importance in investigating the immunebased development mechanisms of diabetic glomerulopathies, and may enable the application of new methods in the early diagnosis and treatment of BXX in these patients.

2. Cystasin C determination together with creatinine and glycohemoglobin can be used as an important indicator in the evaluation of the functional activity of the kidneys.

3. Determination of IL-6, IL-8, TNF- α and L-FABP in complex examinations of diabetic glomerulopathies and its complicated form of BXX patients can be recommended as tests with high diagnostic value in determining the severity of kidney damage.

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Acronyms

| AMP | – antimicrobial peptides |
|-------------------|---|
| ANOVA | Analysis of variance |
| CKD | – chronic kidney disease |
| DG | - diabetic origin glomerulopathy |
| FABP | fatty acid binding protein |
| HbA _{1c} | – glycohemoglobin |
| IL | – interleukin |
| СР | – calprotectin |
| СР | – chronic pyelonephritis |
| CG | – chronic glomerulonephritis |
| ROC | - receiver operating characteristic |
| DM | diabetes mellitus |
| TLR | Toll-like receptors |
| TNF | tumor necrosis factor |
| USM | – ultrasound |
| GDV | general diagnostic value |
| GFR | glomerular filtration rate |
| М | average indicator |
| ±m | standard error |
| σ | average square standard error |
| LL | – Lower limit in the range of 95% |
| UL | – Upper limit in the range of 95% |
| min | – minimum |
| max | – maximum |
| | |

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